



Boulder Hot Springs

November 2010



Hello, I hope everyone is doing well and enjoying this beautiful fall weather. It's hard to believe we are heading towards the tail end of another year. This year seemed to fly by so quickly especially the summer which was quite busy here at the Hot Springs. We had an International Gathering and Living in Process Training Sessions which brought people from all over the world. What a delightful experience! Before and during this time, Anne Wilson Schaef spearheaded our efforts and new artwork was hung all around the building, the East Wing B&B and guest rooms were spiffed up even more, and a lot of work was done decluttering and cleaning up the West Wing of the building. In addition, Jude Sara cleaned out and reorganized our display case in the front entryway. A huge thanks to Anne, Jude, our wonderful staff, and all the others who worked on beautifying the Hot Springs.

Recently Boulder Hot Springs had a booth at the "For Women Only" Health and Wellness Fair at the Civic Center, and we had a lot of fun talking with the women who came to our booth. Often I run into people who have such fond memories of the Hot Springs, and this was true at this event as well. One woman talked about having her honeymoon at the Hot Springs 43 years ago, and others had memories of coming here when they were children. I love hearing these stories about the connections people have to the Hot Springs. At the Health and Wellness Fair, we did a drawing for an overnight stay and Laticia Hofland was the winner. Congratulations Laticia!!

I would like to invite everyone to check out the Jefferson County Museum in Clancy. Right now there is an exhibit entitled: Recreation and Relaxation: Saloons, Rodeos and Local Hot Springs, and Boulder Hot Springs is included in this exhibit. The hours for the museum are Thursday, Friday and Saturday 12 noon to 6 pm, and the exhibit will be there until November 17th.

Please note we will be going to our winter hours (12 noon to 8 pm daily) starting on November 1st, and we will be closed for repairs from December 6th to the 19th.

Wishing you all the best throughout the Holiday Season and the coming new year.

Peace and joy to you,

Kerri Kumasaka

General Manager



**NEW YEAR'S EVE CELEBRATION!!!
FRIDAY, DECEMBER 31, 2010**

Prime Rib & Salmon Buffet Dinner with Live Music
\$50 Couples ** \$30 Singles ** \$15 (children 5-12)
Dinner 7 - 9 PM **Overnight packages available

Please call 406-225-4339 for reservations and more information

Boulder Hot Springs is a smoke free, and alcohol free facility

*****f*****

*

For those of you who have been receiving are newsletter via postal mail:

In an effort to save paper and the high postage costs, this is the last newsletter we will be sending out by postal mail. If you would like to start receiving our newsletter via email, please email us at bhs@boulderhotspring.com and let us know you would like to be on our email newsletter list. Thanks!

**NOTE: We will be closed for repairs from December 6 thru
December 19 and re-opening on December 20.**

**REMINDER: Our winter pool hours from Nov 1st through March 31 are 12
noon to 8 PM daily.**

Our summer pool hours from April 1st through Oct 31 are 10 AM to 9 PM

THE ARTS AT BOULDER HOT SPRINGS

MARCY BERGMANN

November thru early January 2011

Artist Reception Sunday, Nov. 7 from noon - 2 p.m.

Marcy is a native of Helena who has spent 20 years traveling with a military husband and two children. She started painting in 1998 and with her best friend and partner, Cindy Rose, they started C'eM Studio together. She paints in oil and water color which is her favorites. Floral paintings have chosen her (at least she tells people that when they ask her what she likes to paint). She has received art instruction from many well known artists and her influences and many years of living in Europe appear in her artwork. She would like to thank all of the local business's in Helena that support beginning artists. She would like to say that everyone has talent, in many different, exciting ways and it is a wonderful road we travel to improve, and grow with our chosen passion. You can visit her website @ cemstudiomt@gmail.com



ERIC KOTTMANN (PHOTOGRAPHER)

Mid January thru mid March 2011

Reception: Sunday Jan 23 from noon - 2 pm

Eric has been involved in photography since his early teens. Photography has always been his passion. He is also an avid outdoorsman, mountaineer, hiker, back-country skier, canoer, hunter and fisherman. His 27 years of living in Western Montana has allowed him to see and photograph very wild animals and places.

He uses film and photographs are not digitally altered. His hope is to show the subjects as they truly appeared at that moment in time and see his images that inspire a love for the natural world, and a desire to get out and enjoy it.



UPCOMING GROUPS & EVENTS

Nov 6 - 12: Living In Process Intensive

The purpose of an Intensive is to provide an experience in the Living In Process approach and community while confronting the addictive process. This work is not therapy, nor is it based on the scientific model out of which therapy comes. It is an alternative. Intensives are a door into a new paradigm. Living in Process® work was developed by Anne Wilson Schaef. People who are in the Training with her are now facilitating Intensives here and throughout the country. For more information please call 406-225-9171.

Nov 18 - 19: MCC

Closed :Thanksgiving (Nov 25) to the public. Open for overnight guests.

Dec 6 - 19: CLOSED FOR REPAIRS

Closed: Christmas (Dec 25) to the public. Open for overnight guests.

Dec 31: New Years Eve celebration

Jan 22 - 23: Northern Lights Yoga with Judy Landecker

Jan 29 - Feb 8: Living in Process Training

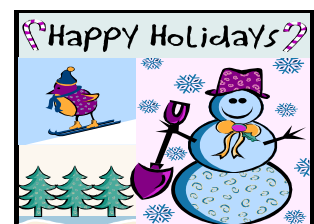
Feb 11 - 13: Valentine's Day Dinner/overnight packages

Feb 19 - 20: Steam'N'Stomp

March 5 - 6: Naturopaths

April 8 - 10: BHS Yoga Retreat

April 15 - 17: Back to Bliss Yoga



******Special Events at Boulder Hot Springs******

Nov 7: Artist reception with Marcy Bergman (see page 3)

Dec 31: New Years Celebration (see page 2)

Jan 23: Artist reception with Eric Kottmann (see page 3)

Relax, Revive and Rejuvenate in the geothermal waters of Peace Valley!

PO Box 930 ❖ Boulder MT 59632 ❖ (406) 225-4339



PPSRT STD
US POSTAGE
PAID
HELENA, MT
PERMIT NO. 243

OUR POOL AND PLUNGE HOURS

**Our winter hours from Nov 1 thru March 31 are
12 Noon to 8 pm daily.**

**Our summer pools hours are from April 1 thru
October 31 from 10 am to 9 pm daily**

Family Indoor Co-Ed soaking

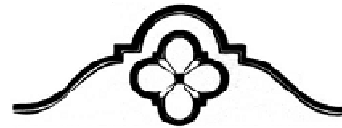
4 - 8 PM Sunday/Wednesday (Nov - March)

5 - 9 PM Sunday/Wednesday (April - Oct)

Pool Prices: \$7 Adults

\$5 Seniors (60 +)

\$4 Children 3- 12



Boulder Hot Springs Mission Statement

To be present here, to offer protection and healing to individuals, communities, these sacred waters, this land and this building for present and future generations and all our relations so that the possibility of healing, recovery, community and connection with the creator and all crea-